



In our womb
 the light
 the dark
 In our waking
 our praying
 our dreaming
 Sophia
 Kuan Yin
 Isis
 Kali
 Brigid
 These ancients are still with us
 They are us
 We are the procession of
 sacred women
 We are the continuous thread...

Retreat Fee of \$65 includes:

- breakfast, afternoon meal, beverages and snacks
- journal making and art materials
- a hand thrown ceramic cup by local artist, Cary Lane, to take home with you
- a place to rest your body and soul while you dream



Please Bring:

- a sleeping bag, pad, pillow, whatever bedding you need for comfort
- flashlight
- additional art materials you enjoy using
- personal items, toiletries
- an offering for the collective altar that will return home with you
- one cup (8 oz) of fresh tap water from your home in a sealed jar
- a written copy of a dream (s) that are interesting or puzzling to you (optional)
- curiosity!

Note: Gathering and settling in starts at 6:30 pm, with the program beginning promptly at 7 pm.

Join us for
 the Annual

Women's Dream Quest

*DREAMS AS PRAYERS
 PRAYERS AS DREAMS*

From 7 pm Friday, March 2
 to 7 pm Saturday, March 3, 2012

at First Congregational Church
 2401 Cornwall Ave. Bellingham,



Gather in community as we
 journey with archetypes
 through
 labyrinth Kairos time

With the **DREAM** as a guide
 to what asks to be
 discovered

And with **PRAYER** as offering
 of gratitude in the presence of
 the sacred feminine

Sharry Nyberg and Jillian Froebe will welcome you to begin the Dream Quest by entering Kairos time, free from measurement by minutes and schedules, the world from which dreams emerge. In this place, we have the opportunity to deeply listen to wisdom that arises in dreams and in their mysterious and mundane images. Gathering in community, we will introduce ourselves by adding our unique offering to the co-created altar. There will be spacious time and materials for many forms of creative expression. Prayers and dream elements will find their way to papers and ribbons which will be transformed into unique journals and Dream Prayer Beads and woven into a collective net, as we honor the archetypes. Music will bless our descent into dream time and our ascent in the morning as we weave our way to the labyrinth where we will walk and ritually pour our water into a vessel as a symbol of joining with the fluidity of the sacred feminine that unconditionally receives our presence. We will break bread together, have quiet time to meet in small groups, share dream images, write and draw in our journals, and add to our evening creations. We will tune into prayers of women the world over as we close with a ritual of dipping into the well of the sacred feminine, that which flows from and moves to Source. We will imbibe the shared waters, raising our earthen cups and offering prayers of thanksgiving and hope. All experiences during the Quest are integral aspects of this shared waking and sleeping Dream!

Praying

It doesn't have to be the blue iris, it could be weeds in a vacant lot, or a few small stones; just pay attention, then patch

A few words together and don't try to make them elaborate, this isn't a contest but the doorway

Into thanks, and a silence in which another voice may speak.

Mary Oliver



Registration Form Women's Dream Quest

Fee \$65

Name _____

Address _____

Phone _____

E-mail _____

Dietary Considerations _____

Registration limited to 30 women

Please return with fee

by February 13, 2012

Payable to: First Congregational Church

Attention : Sharry Nyberg

2401 Cornwall Avenue

Bellingham, WA 98225

Partial Scholarships Available

For more information call

Sharry 360-734-3720 Jillian-360-319-8704